

# VISITATION DREAMS

Has someone close to you passed away? Following their death did you experience a profound dream(s) about that person that you felt stood out from any other dream(s) you have had?

## **RESEARCH PARTICIPANTS WANTED**

**(Palo Alto, California)**

I am a doctoral student at the Institute of Transpersonal Psychology; my research interest is in exploring dreams of the departed during the post-death grieving period. For purposes of this study, profound dreams can be defined as but not limited to, emotionally intense dreams in which a recently deceased loved one returns in the dream state to provide guidance, reassurance, and/or warning.

If you are interested in sharing your experience through a brief interview (90 minute, in-person), during which I will be asking you about your experience and relationship with your loved one, and about the dream(s) you had during your post-grieving time, please contact Jennifer Shorter via the information below.

Your participation may help clinical psychologists better assist individuals during their grieving process. Your participation in this study may result in the following: increased self-awareness, a deepening of your connection to your loved one, and greater clarity of your profound dream experience.

If interested or if you have any additional questions, please contact Jennifer Shorter at 408-368-5459, email [visitationdreams@gmail.com](mailto:visitationdreams@gmail.com) or take the informational note below. All inquiries are confidential and there is no obligation to participate.

Criteria for participation:

- Must be 25 years old or older
- The loss of your loved one occurred at least 3 months ago
- You have not done any dream work under the supervision of a professional therapist around the specific dream images to be presented in this study.
- Mind-altering substances and/or intoxicants were not used immediately prior to the profound dream(s)

PLEASE USE THE CONTACT INFORMATION BELOW IF YOU ARE INTERESTED.....

To be a Visitation Dream Participant contact:

Jennifer Shorter  
408-368-5459  
[visitationdreams@gmail.com](mailto:visitationdreams@gmail.com)